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Abstract
This study analyzes literature about migration and ethnic minorities in Estonia. Following initial identification and using content analysis process, existing literature were characterized into four major patterns: definition of immigrant population in Estonia, emigration and ethnic return migration in Estonia, formation of ethnic minorities and their structure, and ethnic minorities and integration. Despite of having long historical background of emigration, return migration and ethnic minorities in Estonia; existing literature lacks focusing on refugees and ethnic minorities having background from outside Europe. New question emerged from the reviewed literature, whether Estonia is ready to accept quota refugees under EU quota system? While there is no significant academic research on existing refugees, Estonia will soon receive Quota refugees. Thus Estonia should make important changes and actions to receive refugees and to follow EU refugee quota because there are not enough research and experience on receiving non-EU refugees and/or asylum seekers.

Keywords: refugee quota, emigration, return migration, inmigración, Estonia
Las Quotas de Refugiados: Está Estonia Preparada para Recibir Refugiados? Una Revisión Bibliográfica sobre Migraciones y Minorías Étnicas en Estonia

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Resumen
Este estudio analiza la literatura sobre migraciones y minorías étnicas en Estonia. Siguiendo la identificación inicial y mediante análisis de contenido se clasificó la bibliografía en cuatro grandes temas: la definición de la población inmigrante en Estonia, la emigración y el retorno de la migración étnica en Estonia, la formación y estructura de minorías étnicas, minorías étnicas e integración. A pesar de contar con una larga trayectoria de emigración, de emigrantes retornados y minorías étnicas en Estonia, la literatura existente no se ha centrado en refugiados y minorías étnicas provinientes de fuera de Europa. De la revisión bibliográfica surgió una nueva pregunta: ¿Está Estonia está preparada para aceptar una cuota de refugiados bajo el sistema de cuotas de la Unión Europea (UE)? Aunque no hay investigación académica significativa sobre los refugiados, Estonia recibirá pronto su cuota de los mismos. Es por ello que Estonia debería llevar a cabo cambios y acciones importantes para recibir refugiados y para seguir la cuota de refugiados fijada por la UE ya que no hay suficiente investigación y experiencia referente a recibir refugiados y demandantes de asilo de fuera de la UE.

Palabras clave: cuota de refugiados, emigración, emigrantes retornados, inmigración, Estonia
World is changing constantly. Homogeneous societies, which remained unchanged are quickly turning remnant of the past. Societies are becoming more diverse than ever. Social, financial and political conflicts are running on the same side where continuous migration, intercultural communication, agreements, cooperation; all testify the fact that societies are going through on an age of diversity (Sharmin, 2008). As a result of ever increasing globalization and immigration in decades, researchers and policymakers emphasized a new argument regarding the extent it is possible to ensure immigrants own identity at the same time integrate into their host societies. Countries have been designing specific programs to tackle ever increasing challenges that are emerged out of these multicultural societies to create a cohesive society (Nimmerfeldt, Schulze & Taru, 2011).

Studies on immigration in Europe after the Second World War featured diversity from movement of population to the movement of labour. In the recent decades, it has changed again; as Masso (2009) pointed out,“aims of immigrants have changed from an individual desire for a better standard of living to the desire that any standard of living is better than none” (p. 253). However, in the 1990s, European migration studies were mostly characterized with growing interest in ethnic return migration, which was poorly investigated before 1990s (Kulu & Tammaru, 2000).

Estonia makes a very interesting context and it is one of those few countries in Europe where emigration, return migration and immigration have varied in different times and in different background (Kulu & Tammaru, 2000; Tammaru, Haukanomm & Anniste, 2010; Kulu, 1998). By studying the specific setting of studies on migration in Estonia, this study will enhance our understanding of the pattern of migration studies in this country. Therefore, the objectives of this paper are: a) to know if Estonia is ready to receive refugee under Refugee Quota b) to review the existing major literature on migration and ethnic minorities in Estonia.

**Methodology**

Electronic search was carried out through social service abstracts and Google scholar, considering the fact that these databases used to inform social
science research and their access is flexible. Analysis mostly focused on manuscripts, and it also includes some other types of literature and reports that might influence researchers and policy makers. This data based search was focused from interdisciplinary perspective. The search was conducted using the terms ‘ethnic minorities in Estonia’, ‘migrants’, ‘immigrants’, and ‘refugee’. Search was not restricted by any certain dates or any types of publication but eventually all of them were peer reviewed journal articles considering the most relevant scientific databases-Thomson Reuters Web of Science, ERIHPLUS and Sociological Abstracts. In total, 122 publications emerged from the search, after eliminating duplicate abstracts, coming out from both databases, 72 different publications were picked. Of the 72 publications, 25 were finally omitted due to their lack of relevance in regards to the impact or citations of the articles.

A systematic literature review was carried out to analyze and to examine the patterns of existing literatures; content analysis was utilized, as it is a tool that gives the scholars to find out specific concepts within text (Markoff et al., 1975; Neuendorf, 2001; Weber, 1990). This is a process which has been utilized by Bradshaw and Graham (2007) to localize relevant literatures. Following this process, existing literature were characterized into four major patterns: i) definition of immigrant population in Estonia and to put them into perspective; ii) emigration and ethnic return migration in Estonia; iii) formation of ethnic minorities and their structure; and iv) ethnic minorities and integration.

These literatures were reviewed with an intention to identify the major gaps from the existing academic works in order to design and bring up the recent discussion on migration and to make an effective intervention for the current discussion of Refugee Quota into the whole perspective.

**Definition of Immigrant Population in Estonia**

In a study of immigrant population in Estonia, Saar (2009) pointed out that Immigrants are those who are living in Estonia and whose parents were born in a foreign state. In case one parent was born in Estonia and the other not, they are not considered as immigrant population. However, if one non-
Estonian is known or if parents remained undefined, the potential respondent might fall into immigrant population.

Immigrant population in Estonia in the recent time can be divided into first and second generation immigrants. First generation immigrants are those who along with their parents were born abroad. Second generation immigrants are those who are the descendents of the first generation or to be précised ‘people who were born in Estonia but whose parents were born abroad’ (Saar 2009, p. 9). This makes it significant perspective to study Estonian immigrants and ethnic minorities.

Ethnic composition in the broad sense of the term in Estonia experienced a drastic change, which was prompted in the years of German and Soviet occupation and Second World War. The last census that was carried out before the war was in 1934, in which the share of non-Estonian was around 12 percent. The absolute number was 134,000 people and these non-Estonian minorities mostly comprised of Russians, Germans, Swedes, Jews and Latvians. During the period of soviet rule, the share number of non-Estonian increased rather considerably up to 25 percent of the total population and the number went high up to 204,000 in 1959 when the first post war census was held. Before Soviet collapse, the last census was held in 1989 when the share of non-Estonian in the country was 39 percent, comprising populations from different soviet states, mostly from Russia and Ukraine (Tammaru & Kulu, 2003, p. 105).

According to the 2000’s census, non-Estonian were 31 percent of total population, being dominated by Russian (26 percent), and followed by Ukrainian (2 percent), Belarusian (1 percent), and others (3 percent) (Van Elsuwege, 2004; Ham & Tammaru, 2011). However, an important statistics here to be noted that, according to the Estonian Ministry of Interior, at 1st September 2015, 9.4 percent of total population in Estonia were citizens of other country and persons with undetermined citizenship were of 6.3 percent. Therefore “Estonia has one of the highest share of ethnic minorities in Europe” (Ham & Tammaru, 2011, p. 315). Later parts of this paper would focus on emigration and ethnic minorities in Estonia and the concept of naturalization that arguably makes the entire discussion of Immigrants in Estonia and ethnic minorities into a complex perspective.
Emigration and Ethnic Return Migration in Estonia

Tammaru, Haukanomm, & Anniste (2010), in their study of the formation and development of the Estonian diaspora, figured out three major waves of emigration from Estonia. First wave was East ward and took place between mid-nineteenth century and Second World War. It was the period when Estonia was part of Russian Empire. Emigration from Estonia was at its peak in this time and approximately 19 percent of total population of Estonia migrated to Russia. In 1917 the total number of Estonian diaspora was 215,000 people (Tammaru, Haukanomm, & Anniste, 2010, p. 1159). The formation of this east ward Estonian diaspora was due to demographic transition and population boom in the rural parts of Estonia on one hand (Katus, 1989), and on the other hand contemporary politics and the period along with some social and economic factors played a vital role (Jansen, 2007). This flow of eastern diaspora begun to decrease after the First World War (Tammaru, Haukanomm & Anniste, 2010).

The second wave of emigration from Estonia was mostly towards western countries and it took place during the Second World War time in the form of war displaced people. Their major destination was United States, Sweden and Canada. Even though many of them initially left for Germany and from there they resettled to other western countries (Kulu & Tammaru, 2000). This was the time when Estonia experienced its second peak of emigration in its size and the total number was around 200,000 people. This number remained quite stable for a period of time (Tammaru, Haukanomm & Anniste, 2010). However, the main reason for this was because during the Soviet occupation both return migration and migration towards West was almost nonexistence (Tammaru, Haukanomm & Anniste, 2010).

However, Western diaspora started again when Estonia experienced its third wave of emigration after regaining its independence in 1991. Unlike first and second wave, the number was smaller and it took place in the form of ongoing process and its pace has been increased since 2004 when Estonia became a member of the European Union in 2004. Germany, Finland and other EU countries are major attraction for the new wave. In the recent times Estonian diaspora forms 12 percent of total Estonian population. Significant aspect is that “at the beginning of Estonian diaspora it was mostly Eastern or
Russian ward but this share has now dropped to 33 percent and Finland is soon going o replace to host the large number of Estonian community” (Tammaru, Haukanomm & Anniste 2010, p. 1172).

These waves of emigration lead a phenomenon of return migration. Estonia makes it very unique as it is “one of those very few countries where migrants have a varied emigration background” (Kulu & Tammaru, 2000, p. 349). These return migrants are the one who are the descendents of those who left for Russia during the end of nineteenth and the beginning of twentieth century, and those who left during the Second World War period to West. As Kulu (1998) pointed out that return migration is by product of emigration.

Two waves of return migration can be pointed out from the existing literature. First wave can be considered between 1940 and 1989 and the second one is when Estonia regained their independent in 1990s. About 52 to 54 thousands of Estonian emigrants returned from the Soviet Union to Estonia in the first wave (Kulu, 1997). However, return migration in the 1990s can be characterized as modest, as the numbers are low in compare to the previous wave. During the years following re-independence, about 1100-1200 Estonian diaspora returned voluntarily (Kulu & Tammaru, 2000, p. 354). During the first wave it was only the eastern diaspora who returned but in the 1990s emigrants have also returned from the west which formats 29 percent of the return migrants. However still majority of the return migrants came from the former Soviet Union and the neighboring Baltic countries, which forms 71 percent of total return migration.

Among these return migrants who emigrated to Russia, there were no significant differences to select return migration between generations, but considerable differences can be found among those who left to the West during the Second World War and their descendents. Therefore majority of return migrants are those who were born and grew up in Estonia (Kulu & Tammaru, 2000). This leads to the fact that return migrants might have an age dimension and they might fall into elder generation. It was however evident that those who returned from the West, came alone; on the other hand those who came from Russia, returned with whole family. Estonian identity however played important role to make their journey back to Estonia for both groups.
In 1998, Kulu (1998) carried out a study on return migration of West Siberian Estonians from the Omsk province and this study reveals that ‘the main career of the migration behavioral norm is generation’ (p. 313). He figured out that return migration over a long period of time perhaps don’t depend on monetary term but people’s identity, values, etc. This follows them even when the generation goes by.

However, while emigration and return migration was common feature of the migration pattern in Estonia, ‘immigration begun immediately after Estonia was reincorporated into the Soviet Union in the later 1944’ (Ham & Tammaru, 2011, p. 316), which actually made a significant number of ethnic minorities in Estonia who does not have Estonian background.

**Ethnic Minorities in Estonia**

It was not only emigration that took place in Estonia. World War Second and the years of a Soviet occupation changed Estonian Ethnic composition (Tammaru & Kulu, 2003). After the Second World War when Estonia was incorporated with Soviet Union, immigrants were needed to rebuild destroyed industrial infrastructure and housing sector. During that period “Russiafication” also took place in the Baltics (Cole & Filatotchev, 1992) and many communist party members and military personnel from Soviet army were brought to Estonia (Tiit, 1993). However, these immigrants were mainly engaged in the industrial sector (Tammaru, 2003, p. 599).

This flow of immigration to Estonia remained consistent and persisted during the post war period. The peak time however was between 1960s and 1970s (Tammaru & Kulu, 2003). Even though return migration took place in times, this continuous immigration to Estonian made a stable and positive net migration during the Soviet occupation and the non-Estonian share of total population increased considerably, rising from 3 percent of Estonia’s total population in 1945 to 25 percent in 1959 (Tammaru & Kulu, 2003). According to the census which took place in 2000, the Share of non-Estonian in the country was almost 31 percent of total population (Van Elsuwege, 2004; Ham & Tammaru, 2011). Most of them were Russian followed by small number of Ukrainian, Belarusian and Finns.
However, in the common traditional sense, ethnic Russian are not immigrants as most of them came in Estonia during the soviet period when Estonia was a part of this Soviet Union (Nimmerfeldt, Shulze, & Taru, 2011). When Estonia regained its independence and Soviet Union collapsed in 1991, these people became minority. In this period many Russians chose to return Russia but at the same time many remained in Estonia. In the Early 90s Estonian government decided to introduce naturalization policy. This policy gave automatic citizenship to ‘those persons who held citizenship in 1940 and their descendents’(Schulze, 2014). This policy privileged Ethnic Estonian almost in all sectors. This policy gave roughly two-third of the country’s residents to its citizenship but huge number of residents who were mostly Russian, forced to naturalization. A process where persons who desires to get the citizenship must pass language and the knowledge of Estonian law and constitution (Nimmerfeldt, Shulze & Taru, 2011). In this sense, ‘through this process, state hope was either to integrate them or their out migration’. However, this policy made a number of people as stateless as only a small percentage of Russian were proficient in Estonian to get the citizenship (Park, 1994, p. 73). 32 percent of the population turned to stateless right after naturalization policy was introduced. As of April 2012, a significant number of persons remained stateless, which was 6.9 percent of countries total residents, while 7 percent of these ethnic Russian speakers taken Russian citizenship as an alternate of being stateless (Schulze, 2014, p. 26). This makes a significant perspective to see how ethnic minorities integrate themselves with the host society.

**Ethnic Minorities and Integration**

Research on immigrants in Estonia mostly focused on Russian speaking first or second generation immigrants putting the emphasize on educational level of immigrant population, position of native and immigrants population in the labor market, working life of native and immigrant population, ethnic minority and majority unions, their geographical location, political and civic participation of immigrants. To examine the relationship between structural, cultural, social and identificational integration dimensions among second generation Russian in Estonia, Nimmerfeldt (2011) and his colleagues
identified that in Estonia, relationship between structural and cultural integration is positive and according to this study higher level of social and identificational integration is not related to higher level of structural integration. Second generation Russian retains a strong ethnic identity and socializes primarily with other Russian. Ham and Tammaru (2011) in their research on ethnic minority and majority unions in Estonia came out with a finding that Russian speaking immigrant women are less likely to make a union with Estonians, which according to them is ultimate evidence of the integration of ethnic minorities into the host societies. In a study of political and civic participation of second generation Russian and Estonian Youth, Schulze (2014) pointed out that ‘Ethnicity remains a significant predictor of political and civic participation (p. 19). It is likely that more Estonians vote in municipal elections and participate in a voluntary association than Russian’. However, the percentage of individuals with higher level of education is lower among immigrants than among native population (Saar, 2009) and they have poor Estonian language capacity. Among Ethnic minorities who continue higher education have more tendency to go abroad for their studies than majority Estonian (Pungas et al., 2015). Schulze (2014) pointed out that ‘Russians with excellent Estonian language skills are more likely to participate in voluntary association than those who don’t have the proficiency’ (p. 22).

In a study of Ethnic Dimension of suburbanization in Estonia, Tammaru and his colleagues (2010) found that probabilities to suburbanize among ethnic minorities are lower compare to the Estonian. It is less likely that minorities would move to the rural areas. Therefore most of them concentrate to the major cities in Estonia. Leisure activities have been viewed as an important act as this is when majority and minority members meet and undertake similar activities. In a study of ethnic segmentation in leisure activities, Kamenik, Tammaru and Toomet (2015) pointed out that almost in all leisure activities there are important ethnic differences in Estonia, mostly because of their socio-economic status, where Russian speaking minorities are relatively poor. Other reason is residential pattern of ethnic groups which is different and mostly concentrated in large cities that too based on different zone, which makes them feeling being stranger in leisure time places.
Naturalization policy deeply touched ethnic minorities and their identity and value system. After regaining independence, Estonia adopted liberal and free market economy. Ethnic minorities found it difficult to find a job and those who found a job had low salary. ‘As a result a large number of non Estonian populations found themselves as socially exclusive’ (Leinsalu, Vagero & Kunst, 2004, p. 587). A study was done on ethnic differences in mortality in Estonia before and after the collapse of Soviet Union. The results suggested that overall life expectancy has been increased after the collapse of Soviet Union but Russian speaking ethnic minorities had higher mortality than Estonian mainly because of their poverty, political upheaval and over alcohol consumption (Leinsalu, Vagero & Kunst, 2004). Differences in terms of leisure time activities, civic, political participation, and educational level or mortality rates have been clearly evident from the literatures. However, Varnik and Kolves (2005) pointed out that because of the introduction of naturalization policy, ethnic Russians lost their privileged status that they were receiving during the soviet period and it may have caused stress leading them to commit even suicide. During the soviet period suicide rate was lowest among Russian which has now increased significantly and their suicide rate is very much higher than Estonians.

Refugee Research and Estonian Current Reality

Scholarly works on migration research in Estonia covered its historical background of emigration and return migration along with immigration to Estonia; its Russian speaking ethnic minorities and their integration aspect in different sectors. However a significant gap can be observed, as very few studies have focused on other groups of migrants in Estonia. Ukrainian, Belarusian ethnic minorities for example has not been emphasized in the scholarly works. Hyvonen (2008, p. 421) studied Finish immigrant women in Estonia to see their acculturation between two groups, one living in the finish enclave isolated from Estonian society and the other into the Estonian mainland. Any notable difference in terms of interpersonal contacts back their home in Finland between these groups was not found. On the other hand she found respondents, who had weak ties and they don’t have any social contacts within Estonian society and they even preferred to use Finish
welfare and healthcare services. This was an interesting study that opens up to carry out more future research on immigrants who are relatively less in number but have similar ethnic or language background with Estonia.

According to the most recent statistics, 3 percent immigrants in Estonia represent ‘other’ groups (Van Elsuwege, 2004; Ham & Tammaru, 2011). Who belong to this group and where are they from needs to be studied thoroughly. Refugee studies have been a significant part of migration studies around the world (Nourpanah, 2014; Witmer & Culver, 2001). Existing migration literatures in Estonia do not cover this group of migrant people. Almost as if this country does not have any international refugees. While the discussion on refugees and their resettlement goes on along with hegemonic discourse, the number of refugees has been increasing all over the world. EU countries for instance have received more than six hundred thousand asylum seekers in 2014 compared to 2013, when the number was around four hundred thousand (Bourgeais, 2015), which makes fourteen percent increase of the evaluation percentage from 2013 to 2014. Estonia joined in the European Union in 2004 and Schengen treaty in 2007. In 1997 Estonia ratified the 19951 convention relating to the status of refugees and the corresponding 1967 protocol. Estonia has traditionally been viewed as least attractive country for asylum seekers. According to Inter Press Service, it might be the case that Estonian living standard is lower than those of its neighboring countries (Manni, 2013). Estonian Human rights center in their report on refugees addressed that the number of asylum seekers has been quite low and it might be the case that general public is not aware of this issue and unfortunately this topic has not been a priority on the governmental level either (Saar, 2013). In this report, Estonian Human rights center actually used their data up to the year 2011. However, in 2009 the number of asylum seekers in Estonia was 40 people and in 2011 it was 67. Most recent data from Eurostat represents a very significant story, as of 2013 the number of asylum seekers in Estonia was 95 and in 2014 it went high up to 155 and the evaluation rate is 63 percent which is even higher than overall EU rate.

However, all these information and statistics represents before the death of a three year old Syrian boy who washed ashore in turkey while aiming to get a shelter in Europe with his family because of the Syrian war. According to an American news agency, this has changed the entire migration situation
in Europe (Clarke & Shoichet, 2015). His dead body was found near the seaside in Turkey, this photo went viral on media and this was the time when Europe received high number of migrants and refugees. This influx of migrants and refugees in Europe made it as crisis and to handle this crisis, European Commission president announced the proposal of “120,000 additional asylum seekers will be distributed among EU nations, with binding quotas”. Postimees, an Estonian popular newspaper, reports that according to this new proposal, Estonia will have to receive 373 migrants (http://news.postimees.ee/3319797/estonia-to-get-373-migrants-according-to-commission-s-new-plan) Estonian Interior minister Hanno Pevkur confirmed that as a part of the quota system, Estonia will receive 150 Refugees very soon in its first phase (Erlich, Pulver & Toomas, 2015).

Discussion

Migration research in Estonian society has mostly been built on four major dimensions: emigration from Estonia and return migration of Estonian population to Estonia; Immigrant population in Estonian society; characteristics and structure of ethnic minorities and; integration aspect of ethnic minorities in different sectors. None of them particularly focused on refugees or immigrants having ethnic background outside of Europe.

Estonia as a global society and a part of European Union and its organizations that deal with asylum seekers and refugees might face new challenges. These Quota refugees would probably have non-European ethnic background. In a study of readiness to accept immigrants in Europe, Masso (2009) carried out a research asking question, whether they would like to have immigrants of different race and ethnicity and from outside Europe; Estonia placed at the bottom of chart just scoring 22 right after Hungary which scored 23 being the lowest, when Iceland and Sweden were at the top scoring 1 and 2 respectively. This was a scale of 23, where 1 being highest and 23 being lowest. This might reflect to the fire incidence that took place at Vao Center (house of Estonian asylum seekers) in September 2015, while refugee and migration crisis was at its peak in Europe. Later Estonian prime minister informed that ‘An evil person set fire to refugee’s house’ (Erlich, Pulver & Toomas, 2015).
In the globalized world and a part of EU, Estonia will have to face migration and refugees crisis and will have to deal with the new Quota system. It is quite often perceived that humanitarianism is the ideology of hegemonic states in the era of a globalization. Chimni (2000, p. 244) in her study of relationship of globalization and humanitarianism stated that ‘while humanitarianism has always had a presence in the international politics, it has never had the salience it possesses in the recent days’. While there is no significant academic research on existing refugees, Estonia will soon receive Quota refugees. Question can be asked whether Estonia is ready to accept quota refugees under EU quota system which has been introduced recently. Despite of having long historical background of emigration, return migration and ethnic minorities, Estonia have less experience hosting non-European ethnic minorities and refugees. Estonia should make important changes and actions to receive refugees and to follow EU refugee quota because 1) there are not enough research/experience on receiving non-EU refugees and/or asylum seekers; and 2) because as statistics (Masso, 2009) show that Estonia is one of the harshest countries of the EU in regards to the refugees quota. Therefore their policy makers, academician and researchers will have to address this aspect to tackle the challenges which are emerging from migration crisis to build up a cohesive society.

References


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